



St. Mary, Mother of the Church
P.O. Box 780 103 Jackson Street
Fishkill, NY 12524

Bereavement Ministry Support Group Programs

“Blessed are those who mourn, for they will be comforted.” – Matthew 5:4

2018 CareNote Meeting Topics

Spring & Summer 2018:

May 17, 2018 – “Finding Ways to Celebrate Special Days After Loss”

June 14, 2018 – “Finding Light in the Darkness of Grief”

July 12, 2018 – “Forgiving a Deceased Love One”

August 9, 2018 – “Using Good Memories to Help Heal Your Grief”

The CareNote sessions begin with prayer and end with group reflection.

- At 1:00 to 2:30 p.m. and repeated at 7:00 to 8:30 p.m.
- In St. Mary’s Chapel, on Bedford Avenue, Fishkill, NY

Catherine Cwiakala, LMSW, St. Mary’s Grief Ministry Counselor, will present the monthly Bereavement Meetings using Abbey Press CareNotes with the assistance of Kathy Rigney and Anton Vavrica.

**For further information and/or to register please call
Catherine at St. Mary’s Parish Office at 845-896-6400**