

Coming Soon – Expected in the Fall of 2016



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Parenting program for children from birth -5

ORDER NOW!

Active Parenting

First Five Years

All-new program for parents
of children from ages birth to 5

Comprehensive classes for parents of children from birth to age 5. The first 5 years of parenting!


What's so great about this new, revised program?

- Covers 5 years of parenting, starting from **birth** to age five.
- A session dedicated to **school readiness** and parent engagement
- **Flexible** design allows you to attend 1, 3, or 4 sessions.
- Each session is designed to last two hours
- Additional topics including **temperament, mindfulness, brain development, and self-calming**
- Parent's Guide with copies of the PowerPoint slides
- The same **effective Active Parenting method** that has helped millions of families in the past 33 years

The *Active Parenting: First Five Years* parenting program provides 1-4 sessions packed with the information new moms and dads need.

- A** a comprehensive, 4-session parenting class offering an in-depth exploration of the concepts and additional topics
- B** a 3-session class for core Active Parenting skills
- C** a 1-session unit on parent engagement skills to build school success

Session Outlines:



SESSION I - You and Your Child

- Styles of parenting
- Ages and stages of development
- Building a bond with your child
- The method of choice

SESSION II - Preventing Problems

- Your child's beautiful brain
- Using nonviolent discipline
- The "A-C-T" of parenting

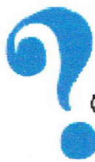
SESSION III - Encouraging Positive Behavior

- The power of encouragement
- Choices and consequences
- Caring for the caregiver

SESSION IV - Preparing for School Success

- 6 smart things parents can do to help young children get ready for school

For further information call Catherine Cwiakala, at 845-896-6400



Questions? Our Educational Consultants are ready with answers:
call 1-800-825-0060 or email cservice@activeparenting.com